

## Review

# Electrocardiographic Changes in Certain Cardiovascular Physiological and Pathological Settings. Impact on Coronary Artery Bypass Grafting.

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**Abstract:** Review on electrocardiographic changes provoked by aging, diagnostic tests, cardiac surgery, hemodialysis, diabetes, etc., is the objective of the current material. Several electrocardiographic (ECG) parameters that are well known risk markers of arrhythmias, incidental heart failure and sudden cardiac death (SCD) are discussed: QRS amplitude, QRS morphology, QRS duration, QRS alternans, T-wave amplitude, T-wave morphology, T-wave alternans, negative T-waves, 3D-spatial angle between maximal QRS and T vectors of the vectorcardiographic loops, ST-segment elevation, QT-interval dispersion, and heart rate. All reviewed parameters are compared with the results on the ECG-alterations, induced by coronary artery bypass grafting (CABG) surgery. Two parameters showed an improvement in the patients' condition: QRS-T angle and cardiac autonomic innervation while two others (T-wave alternans and heart rate) indicated deterioration. We tend to assume that the deterioration in this early post-operative period is an effect of the post-surgery trauma. We speculate that this effect will fade away in a period of a month and more after surgery, and we intend to conduct such a research in the future. The analysis of ECG's changes will help to better assess the impact of the CABG surgery.

**Keywords:** Coronary artery bypass grafting, Electrocardiography, T-wave alternans, ST-elevation, Heart failure, Cardiac death.

## 1. Introduction

There is a lack, in the scientific literature, of assessing the electrocardiographic (ECG) changes, due to coronary artery bypass grafting (CABG), and relating them to the cardiac risk markers. An attempt to investigate the changes of the ECG parameters induced by CABG was made by [Simov et al., 2014](#) and [Simov et al., 2015](#). The current review analyses the ECG parameters: QRS amplitude, QRS morphology, T-wave amplitude, T-wave morphology, QRS alternans, T-wave alternans, negative T-waves, 3D-spatial angle between maximal QRS and T vectors of the vectorcardiographic loops, ST-segment elevation, QT-interval dispersion, QRS duration, heart rate, heart rate variability, cardiac autonomic innervation. The change of ECG parameters is studied in several physiological and pathological settings:

- aging [[Bortolan and Christov, 2001](#); [Bortolan et al., 2004](#)];
- diagnostic tests for Brugada syndrome [[Batchvarov et al., 2009](#); [Batchvarov et al., 2010](#); [Batchvarov et al., 2005](#); [Bortolan et al., 2009b](#)];
- diagnostic stress test [[Berman et al., 1980](#); [Christov et al., 2012](#); [Christov et al., 2010](#); [Bortolan et al., 2012b](#)];

- cardiac surgery [Pradeep et al., 2010; Morin et al., 2011; Simov et al., 2015; Airaksinen et al., 1987; Airaksinen et al., 1987; Bellwon et al., 1996; Hugue et al., 1994];
- hemodialysis [Simova et al., 2015a; Ojanen et al., 1999; Astan et al., 2015; Christov et al., 2015];
- diabetes [Christov et al., 2012; Simova et al., 2015c];
- heart failure [Kashani and Barold, 2005; Iuliano et al., 2002];
- left ventricular hypertrophy [Singla et al., 2015; Meijjs et al., 2007];
- angiographically significant coronary artery disease (AS-CAD) [Battler et al., 1979; Berman et al., 1980; Michaelides et al., 1990].

All reviewed parameters will be compared with the results of the CABG-induced ECG-alterations [Simov et al., 2014; Simov et al., 2015], to better assess the impact of the surgery.

## 2. ECG parameters

With automatic parameter's measurement, errors can occur in the presence of noise or at the choice of atypical parameter. Two techniques of automatic measurement of the amplitudes are applied in order to avoid these errors: sum of amplitudes of all the 12-leads [Madias 2003] and mean P-QRT-T interval in a certain lead. Good example of averaging can be seen in the work of Simova et al., 2015a, where the amplitude fluctuation of QRS and the uncertainty of the T-waves, due to atrial fibrillation seen in Fig. 1, is compensated by averaging of several heart beats in Fig. 2.

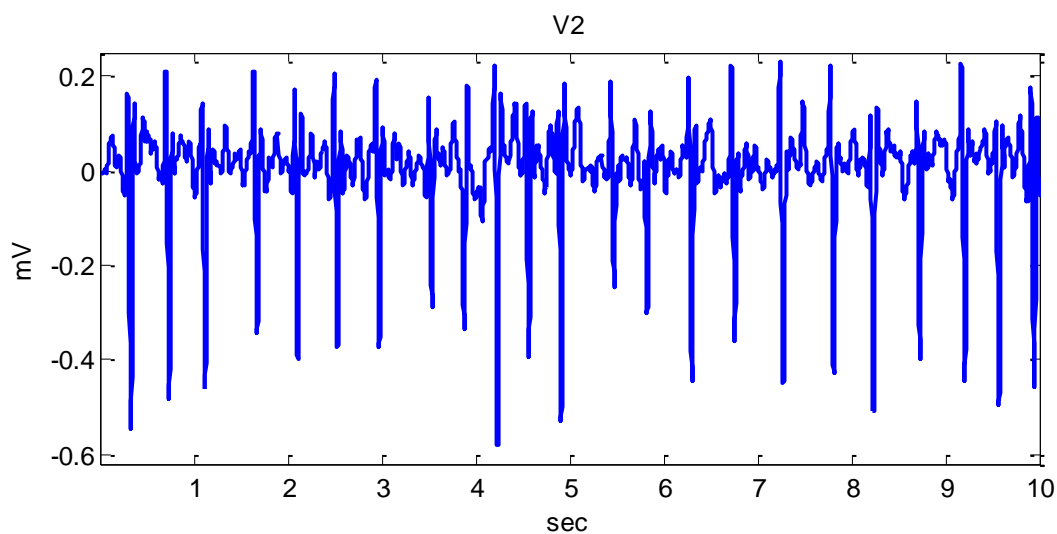


Fig. 1<sup>1</sup> Lead V2 of a patient with atrial fibrillation

<sup>1</sup> Figs. 1 and 2 are taken from Simova et al., 2015a with the kind permission of the authors

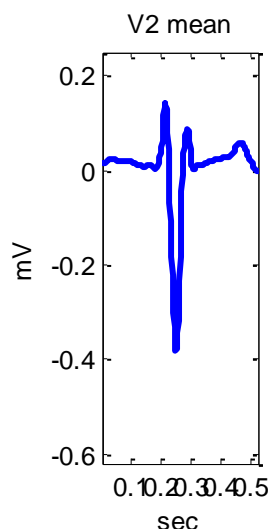


Fig. 2<sup>1</sup> Mean P-QRS-T interval of the ECG in Fig. 1

ECG signals were preprocessed to eliminate or suppress powerline interference [Levkov et al., 2005], drift [Daskalov et al., 1998] and electromyographic noise [Christov and Daskalov, 1999; Bortolan and Christov, 2015].

QRS detection was applied using the adaptive method of Christov, 2007. Identification of characteristic points as onsets and offsets of QRS and T-wave, and all measurements were automatically done [Christov and Simova, 2007, Simova and Christov, 2007].

### 2.1. QRS amplitude and morphology

The QRS and T-wave amplitude changes will be discussed firstly in hemodialysis (HD) where these changes are more expressed. A significant increase of the QRS amplitude in post-HD period has been reported [Simova et al., 2015a; Ojanen et al., 1999; Astan et al., 2015]. Many authors are claiming that the mechanism involved is an increase of electrical resistance of tissues around the heart caused by post-HD decrease of interstitial fluid [Ojanen et al., 1999; Astan et al., 2015]. Christov et al., 2015 agree with the above, but the authors assert that the post-HD increase of the resistance is not a reason to increase the QRS amplitude, as it is claimed in [Ojanen et al., 1999; Astan et al., 2015]), since:

- Post-HD body resistance change will shift all ECG-waves in one direction, but T-wave shifts in the opposite direction [Simova et al., 2015a; Astan et al., 2015].
- Changes in ECG amplitudes during the systole are observed in hypertonic patients too [Bacharova et al., 2007; Aeschbacher et al., 2016], with no change in body resistance.
- The body resistance and its variation will cause none or minimal shift in amplitudes, since it is in order lower than the skin impedance and the electrodes resistance connected in series between the signal generator and the ECG amplifier. Increase of the resistance of the body tissue will lead to a negligible decrease of all the ECG amplitudes, not increase as Astan et al., 2015 are claiming. It can be seen in the equivalent electrical circuit of the body-to-electrocardiograph connection Fig. 3.

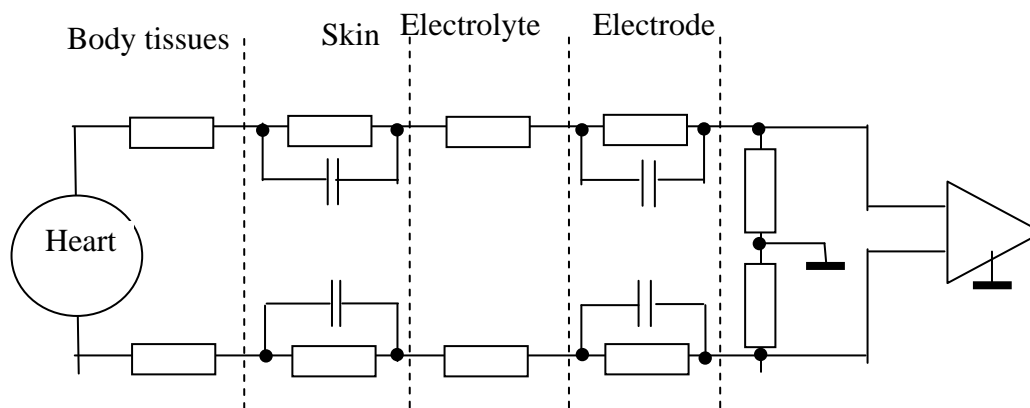


Fig. 3 Equivalent electrical circuit of the body-to-electrocardiograph connection

Astan et al., 2015 claim that the HD ECG changes ‘are of extra-cardiac origin’. Christov et al., 2015 speculate that these are heart-intrinsic changes, a reaction to the heart-preload, and related to the interaction of blood pressure, ventricular contraction velocity and excitation wave propagation. Decrease of fluid leads to reduction of heart volume and relaxation of the heart-preload during the supraventricular (P-wave) and ventricular (QRS-complex) systole, hence their increase. This is confirmed by the post-HD decrease of the systolic blood pressure Simova et al., 2015a.

The increase of the post-HD QRS amplitudes is inversely proportional to the extracellular water and blood volume decrease, no matter if the impact is direct [Astan et al., 2015], or indirect through the blood pressure Simova et al., 2015a. For that reason, the QRS decrease could be used as an indicator of the risk of extracellular water and blood volume increase.

Pradeep et al., 2010 claim that in cardiac surgery, and especially during (CABG), high volumes of intravenous fluid are associated with increased 90 days’ risk of cardiac mortality. Morin et al., 2011 argue that fluid overload of  $\geq 5$  litres increases the incidence of post-operative complications ( $p < 0.001$  in comparison with an overload of 1-5 litres). Saltykova et al., 2006 are directly relating the increase of QRS voltage with dehydration.

Simova et al., 2014 report for a significant increase of the QRS-loop area and QRS maximal vector in a vectorcardiographic study on hemodialysis. Fig. 4 illustrates these changes.

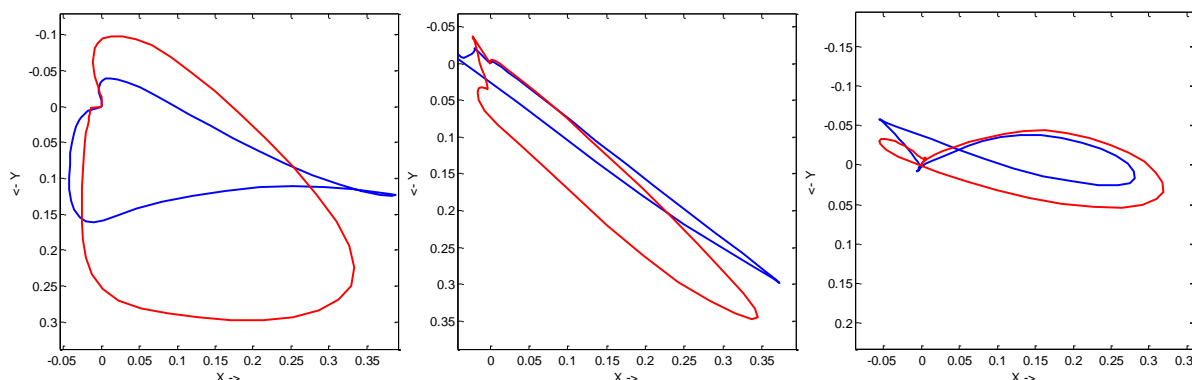


Fig. 4<sup>2</sup> Typical examples of QRS loops before (blue trace) and after (red trace) haemodialysis

<sup>2</sup> Fig. 4 is taken from Simova et al., 2014 with the kind permission of the authors

CABG-induced QRS amplitude decrease is shown in Fig. 5, which could be because of increase of water and blood volume of the chosen patient. Inversed situation is shown in Fig. 6. The normal volume of fluid administration during surgery is 1500-2000 ml. We could speculate that QRS amplitude decrease in Fig. 5 could be attributed to a positive fluid balance in the early post-operative period.

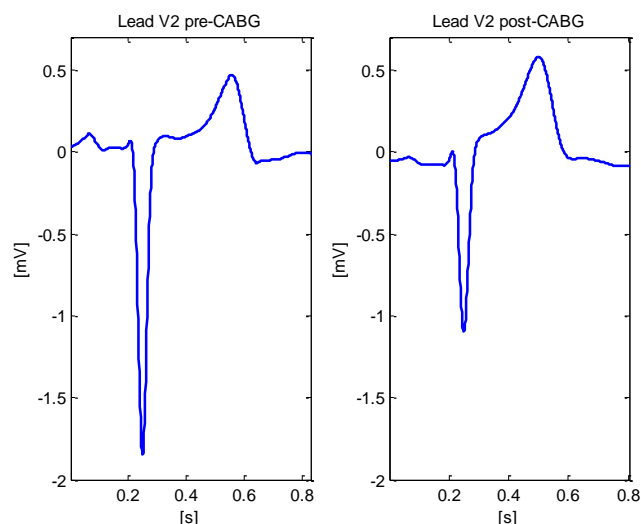


Fig. 5 Example of CABG-induced changes in ECG:  
The QRS amplitude is decreasing, while the T-wave amplitude is increasing.

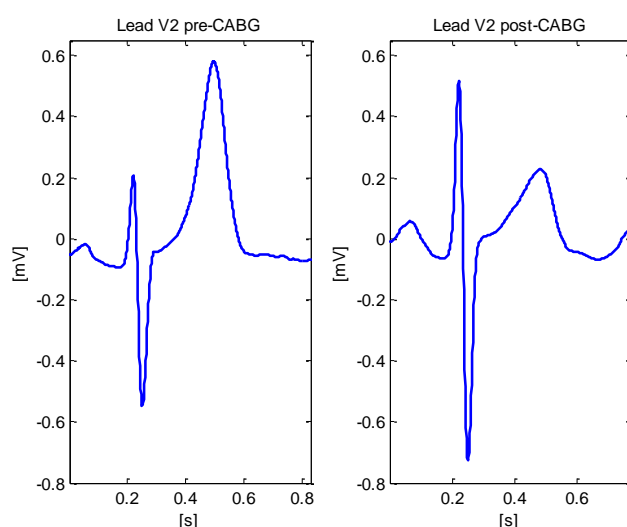


Fig. 6 Another example of CABG-induced changes in ECG:  
The QRS amplitude is increasing, while the T-wave amplitude is decreasing.

From the boxplot in Fig. 7, it could be seen that the median difference between post- and pre-surgery QRS amplitude is predominantly negative at the 3<sup>rd</sup> and 4<sup>th</sup> days and increase to positive at the 7<sup>th</sup> day after CABG. If this could be interpreted in terms of fluid balance, then we could say that in the first postoperative days the fluid balance in this patient group is positive with a gradual shift towards neutral values during later hospital stay. The dehydration carried out at the University City Clinic, Sofia is performed by the diuretics: Furanthril, intravenous, 10-40 mg daily, for the first 2-3 days, followed by Trifas Cor, 5-10 mg daily.

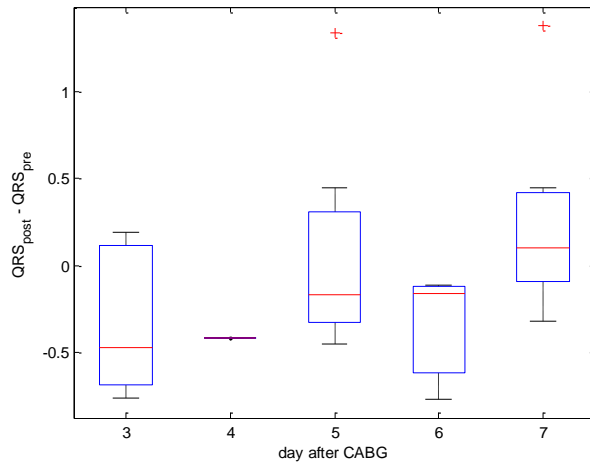


Fig. 7 Boxplot of the variation of QRS amplitude ( $QRS_{post} - QRS_{pre}$ ) with respect to the days after surgery. Red segments are the median values; the blue boxes are the 25<sup>th</sup> and 75<sup>th</sup> percentiles; the whiskers (black 'T' marks) extend to the most extreme data points that are not outliers; red '+' is an outlier.

Batchvarov et al., 2010 have analysed the QRS morphology by Principal Component Analysis (PCA) ratio of 2<sup>nd</sup> to 1<sup>st</sup> eigenvalue during diagnostic pharmacological (Ajmaline) test for suspected Brugada syndrome. Among patients with positive tests, those with symptoms had higher QRS-PCA before ( $p = 0.003$ ) and during maximum drug effect ( $p = 0.001$ ) than those without symptoms (see Fig. 8). Following Ajmaline, QRS-PCA decreased significantly in patients with negative ( $n = 73$ ) ( $p = 0.00004$ ), but not in those with positive tests ( $p = 0.098$ ). Symptomatic patients with non-diagnostic resting ECGs have increased depolarisation heterogeneity. PCA could detect depolarisation heterogeneity and thus help the diagnosis and risk stratification of patients with Brugada syndrome.

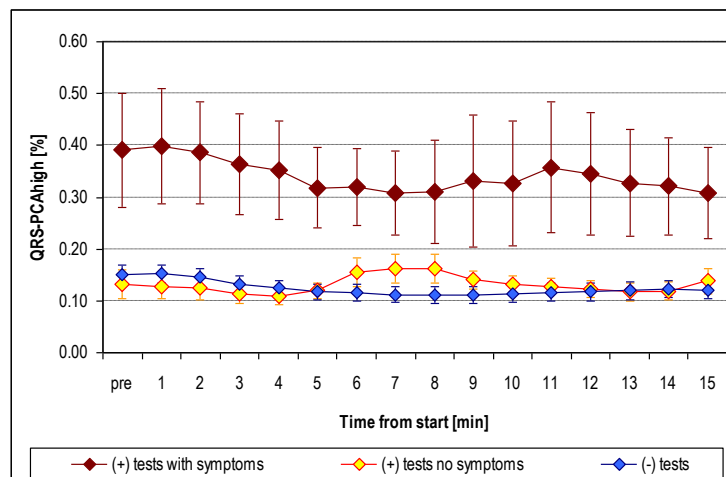


Fig. 8<sup>3</sup> Dynamic changes in QRS-PCA during pharmacological testing. Data are presented as mean  $\pm$  SE. Note that the dynamic profile of QRS-PCA of asymptomatic patients with positive tests (yellow bars) is similar to that of patients with negative tests (blue bars) and is distinctly different from that of patients with positive tests who had history of arrhythmia-related symptoms.

<sup>3</sup> Fig. 8 is taken from Batchvarov et al., 2010 with the kind permission of the authors

Battler et al., 1979, analyzing the QRS changes in a group of healthy and angiographically significant coronary artery disease subjects (AS-CAD), have concluded that amplitude changes during exercise testing have little diagnostic value and are not related to exercise-induced changes.

Another study of AS-CAD patients with chest pain have claimed that in subjects who have stopped exercise because of cardiac symptoms, the product of heart rate times blood pressure have been significantly lower when the QRS amplitude increases [Berman et al., 1980]. Thus, the mechanism for the QRS increase with exercise in patients with coronary artery disease appeared to be related to abnormalities in left ventricular function. Some authors have gone even further, of predicting CAD by the exercise induced change of the composite QRS index, called 'Athens QRS', calculated on the exercise-induced changes of the Q-, R-, and S-waves [Michaelides et al., 1990].

Christov et al., 2013 have analyzed the load dependent changes of cardiac depolarization during exercise ECG test. The authors have assigned 2 clusters of load dependant changes based on the PCA of the QRS complex: homogeneous – with pronounced increasing or decreasing trends (Fig. 9), and heterogeneous – all the rest, for example those of: no significant change of the baseline PCA, bidirectional (+/- or -/+) behavior of PCA, etc. (Fig. 10).

Statistical analysis of the classification of the trends produced a significant difference in the dyslipidemia group ( $p < 0.05$ ). It was interesting to note a higher percentage of PCA\_QRS heterogeneous classification in groups 'with' vs. 'without' risk factors.

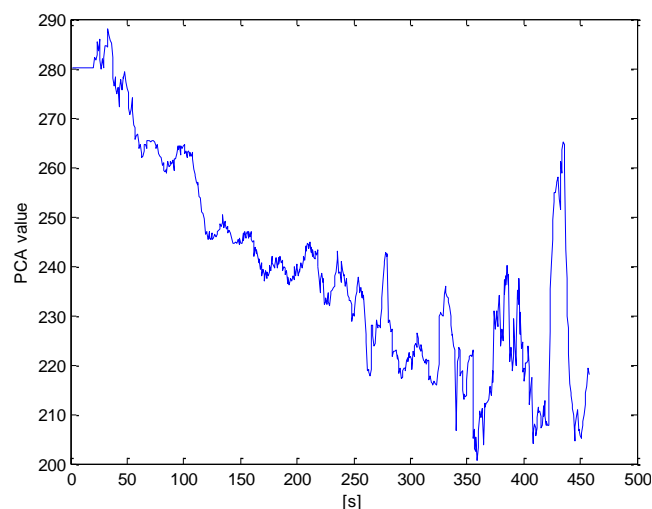


Fig. 9<sup>4</sup> Example of homogeneous PCA\_QRS with pronounced decreasing trend

<sup>4</sup> Figs. 9 and 10 are taken from Christov et al., 2013 with the kind permission of the authors. The PCA values in the Y-axis are multiplied by 1000.

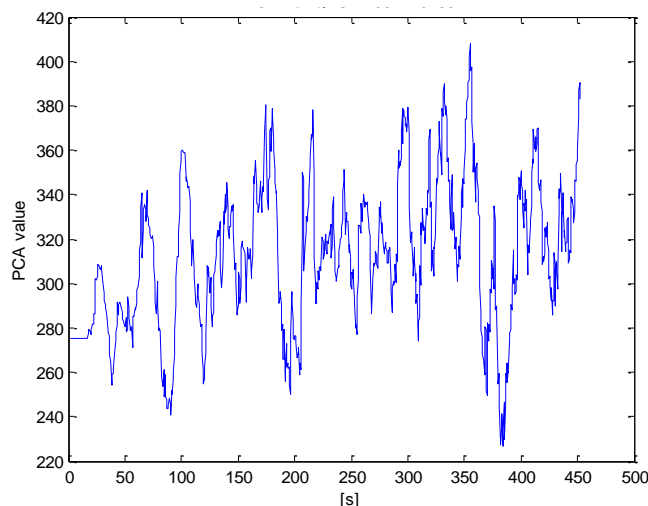


Fig. 10<sup>4</sup> Example of heterogeneous PCA\_QRS with no significant change of the baseline

## 2.2. QRS duration

According to an Expert Consensus Document [Surawicz et al., 2009], the QRS duration depends on the method of measurement, age, and gender. Global intervals, from the earliest onset to the latest offset of the waveform in all leads are the desirable standard. Global intervals, by definition, will be longer than measurements from single leads. QRS duration may increase with increasing heart size. In addition, the QRS complex is wider in the precordial than in the limb leads. The committee recommends that for the present, QRS duration of greater than 110 ms in subjects older than 16 years of age be regarded as abnormal.

It has been found that a prolonged QRS from baseline ECG is an independent predictor of increased total mortality and sudden cardiac death among patients with cardiomyopathy, clinical heart failure, and  $\geq 10$  premature ventricular contractions per hour [Iuliano et al., 2002]. A QRS duration  $> 120$  ms has been shown to have a 99% specificity for left ventricular dysfunction and may be a potent marker for adverse outcome.

Kashani and Barold, 2005 explore the significance of QRS complex duration in patients with heart failure. Wide QRS complex reflecting left-sided intraventricular conduction delay in patients with heart failure is associated with more advanced myocardial disease, worse LV function, poorer prognosis, and a higher all-cause mortality rate compared with patients with a narrow QRS complex.

Astan et al., 2015 have found statistically significant increase of the QRS prolongation after hemodialysis, from  $87.88 \pm 21.52$  to  $97.38 \pm 20.56$  ms ( $p < 0.001$ ).

## 2.3. T-wave morphology and amplitude

T-wave morphology is very representative in detection of T-wave alternans and risk stratification after myocardial infarction [Zabel et al., 2000]. Breslow et al., 1986 have studied the changes of T-wave morphology following anaesthesia and surgery.

Batchvarov et al., 2007 reported changes in the T-wave morphology of the sinus beat immediately following a ventricular premature beat in healthy subjects. These changes exist although they are not visible as it is shown in Fig. 11. The changes are clearly visible in the frontal vectorcardiographic plane (Fig. 12).



The authors claim that in healthy subjects, ventricular repolarization of the 1<sup>st</sup> sinus beat immediately following a ventricular extrasystolic beat can be modulated, and the repolarization heterogeneity is considerable even in absence of visible changes of the T-wave of the 12-lead ECG. At least theoretically, this modulatory influence may have potentially arrhythmogenic effect.

T-wave morphology changes are very typical for Brugada syndrome. In a study of [Batchvarov et al., 2009] the right ventricular repolarisation dispersion is evaluated by the method of PCA and the ratio of 2<sup>nd</sup> to 1<sup>st</sup> eigenvalue is used. Two different PCA values are obtained: from the standard V1 ÷ V3 leads ( $PCA_{stand}$ ) and from V1h ÷ V3h placed and recorded one intercostal space higher ( $PCA_{high}$ ). The authors prove that during pharmacological test with Ajmaline for suspected Brugada syndrome, the PCA increases sufficiently during positive test, compared to patients with negative tests. Two figures are illustrating these findings.

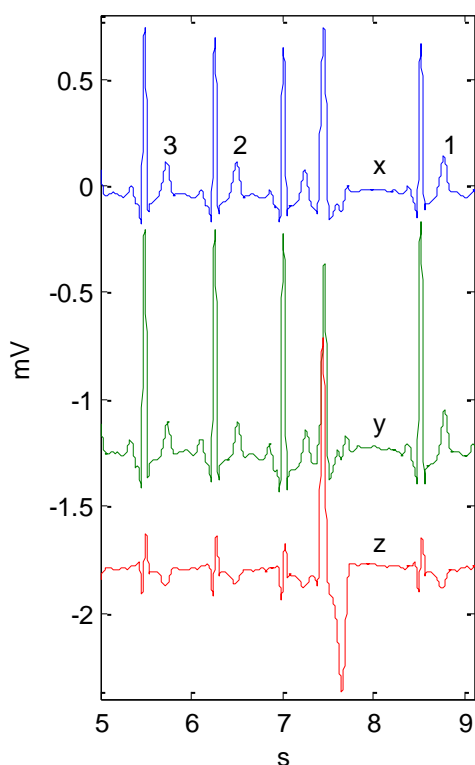


Fig. 11<sup>5</sup> Frank orthogonal leads (x, y, z) obtained from the 12 Standard leads. Two pre-extrasystolic T-waves are numbered with “2” and “3”. The post-extrasystolic T-wave is numbered with “1”.

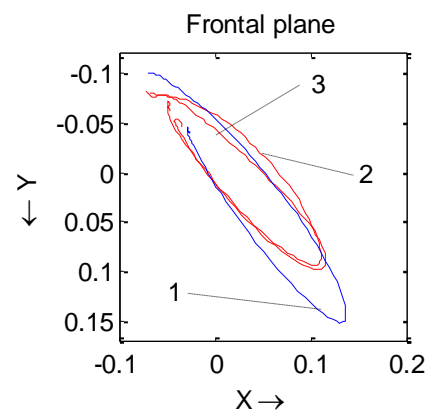


Fig. 12<sup>5</sup> Vector T-loops in the frontal plane. The two pre-extrasystolic T-waves are numbered with “2” and “3”, and the post-extrasystolic T-wave is numbered with “1”.

Fig. 13 presents an example of the dynamic changes in  $PCA_{stand}$  and  $PCA_{high}$  (mean  $\pm$  standard deviation (SD)) during a positive test in a 15-year-old girl with syncope and a family history of BS (top panel), and during a negative test in a 66-year-old asymptomatic man with family history of BS and SCD (bottom panel). X-axis is the time in minutes after the start of Ajmaline injection.

Fig. 14 presents the dynamic changes in  $PCA_{high}$  during the pharmacological test in all patients of the two groups.

<sup>5</sup> Figs. 11 and 12 are taken from [Batchvarov et al., 2009] with the kind permission of the authors

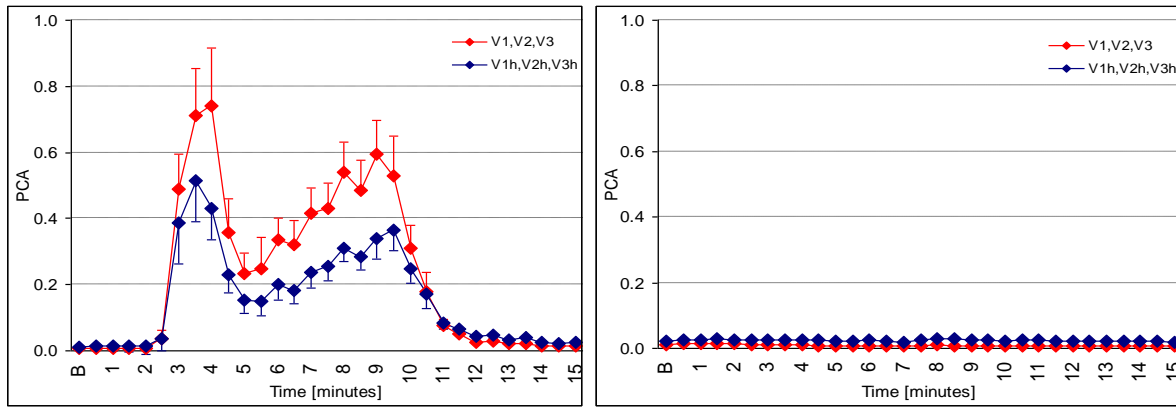


Fig. 13<sup>6</sup>  $PCA_{stand}$  and  $PCA_{high}$  during a positive test (top panel), and during a negative test (bottom panel). Data are presented as mean  $\pm$  SD. For more clear visibility and in order to avoid overlapping values, only SD+ for  $PCA_{stand}$  and SD- for  $PCA_{high}$  are shown.

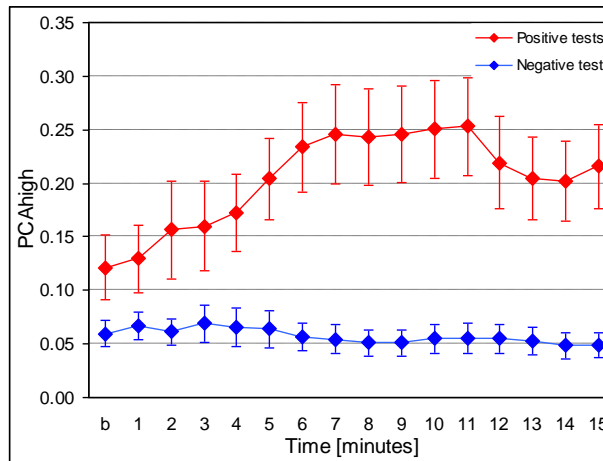


Fig. 14<sup>6</sup> Dynamic changes in  $PCA_{high}$  during the Pharmacological tests in patients with positive and negative tests. Data are presented as mean  $\pm$  SD.

Batchvarov et al., 2008 have analysed the effect of heart rate and body position on the complexity of the QRS and T-wave quantified by the ratio of 2<sup>nd</sup>/1<sup>st</sup> eigenvalue from PCA. They have found that in healthy subjects, the linear correlation coefficient between the PCA parameters of the T-wave and the RR interval varies widely between different subjects in the supine position, and even more in standing position (Fig. 15).

In several studies, Simova et al., 2015a have proved that the T-wave amplitude change in standard 12-leads ECG, as well as the alteration of maximal vector of the T-loop in vectorcardiography [Simova et al., 2014] was inversely dependant to sodium (Na), and directly dependant to potassium (K) concentration in blood. That is why T-wave amplitude shift can be used as an indicator for electrolyte concentration.

Coustet et al., 2015 are investigating the ECG changes during exercise in acute hypoxia and susceptibility to severe high-altitude illnesses. They have found that the QRS and T-wave amplitudes and the Sokolow index [Sokolow and Lyon, 1949] decrease in hypoxia.

Load dependent changes of the T-wave have been studied in world-class athletes [Iellamo et

<sup>6</sup> Figs. 13 and 14 are taken from Batchvarov et al., 2009 with the kind permission of the authors

al., 2004]. A decrease of electrocardiographic T-wave voltage with increasing training loads has been reported and ascribed to training-related adaptation in sympathetic activity to the ventricles.

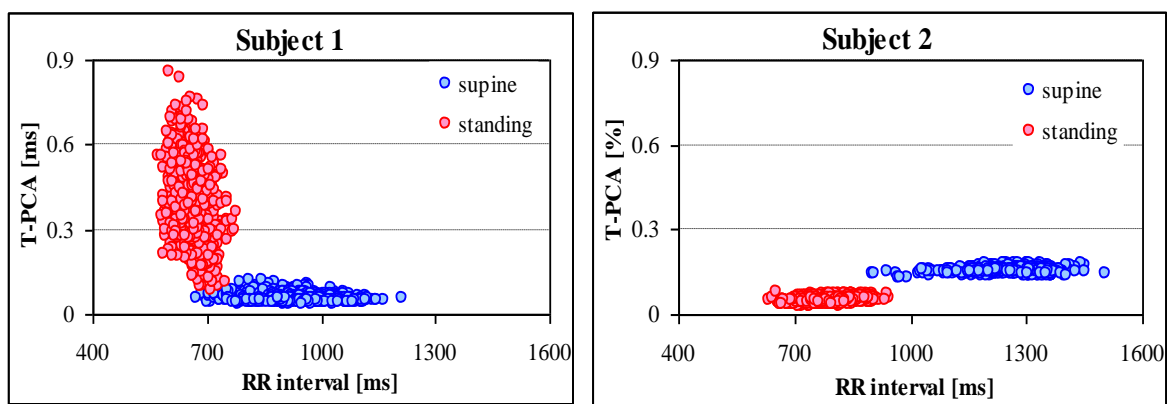


Fig. 15<sup>7</sup> The figure presents an example of distinctly different change in the T-wave PCA and RR interval relationship with transition from supine to standing position in two subjects.

Christov et al., 2013 have analyzed the load dependent changes of cardiac repolarization during exercise ECG test. As it was mentioned before, 2 clusters have been assigned: homogeneous and heterogeneous. Statistical analysis of the classification of the trends of PCA index of the T-wave produced a significant difference considering the AS-CAD (yes/no) and PCI (yes/no,  $p < 0.05$ ). In this case, it was interesting to observe a higher percentage of PCA\_T homogeneous classification in groups 'with' vs. 'without' risk factors.

Load dependent changes of the T-wave have been studied in world-class athletes [Iellamo et al., 2004]. A decrease of electrocardiographic T-wave voltage with increasing training loads has been reported and ascribed to training-related adaptation in sympathetic activity to the ventricles.

Aeschbacher et al., 2016 claim that there exists relationship of T-wave amplitudes with ambulatory hypertension in young and healthy adults. According to their study the normotensive persons ( $n = 640$ ) have smaller T-wave amplitudes than the hypertensive ones ( $n = 430$ ). For lead V2 the mean values are 0.45 mV for normotensive vs. 0.64 mV for hypertensive,  $p < 0.0001$ .

CABG-induced T-wave amplitude decrease in our study [Simov et al., 2015] were not significant ( $0.34 \pm 0.28$  mV in pre-CABG vs.  $0.24 \pm 0.24$  mV in post-CABG,  $p = 0.04$ ). It means that there is no considerable change of electrolyte concentration, and especially of those electrolytes in the blood that are responsible for the T-wave change – sodium, and potassium [Simova et al., 2015a, Simova et al., 2014]. Significant decrease in post-CABG T-wave amplitude is shown in Figure 6, but it is rather an exception.

#### 2.4. T-wave alternans

T-wave alternans (TWA) in ECG is an electrophysiological phenomenon and is a proven risk marker for occurrence of malignant arrhythmias, Torsade de Pointes, and cardiac death. TWA appears in ECG as a consistent fluctuation in repolarization morphology on every-other

<sup>7</sup> Fig. 15 is taken from Batchvarov et al., 2008 with the kind permission of the authors

beat basis. In most cases, TWA is in the microvolt range, invisible to the naked eye, and can be detected only by a specialized computer ECG analysis [Bortolan and Christov., 2012a]. It was found that TWA is more common among diabetics [Simova et al., 2015c; Christov et al., 2011] and patients who undergo CABG, and is predictor of postoperative atrial fibrillation [Khoueiry et al., 2014]. In a 2-year follow up, Bloomfield et al., 2004 prove that T-wave alternans distinguishes better than QRS duration between patients likely and patients not likely to benefit from implanted cardiac defibrillator therapy.

In patients with Brugada syndrome, both macroscopic [Tada et al., 2008; Takagi et al., 2002] and microscopic TWA [Ikeda et al., 2001; Kirchhof et al., 2004] have been described, although their value for prediction of the arrhythmic risk in BS is still unclear [Tada et al., 2008; Ikeda et al., 2001; Kirchhof et al., 2004].

Batchvarov et al., 2005 and Bortolan et al., 2009b report for irregular ST-T wave alternans on patients with positive Ajmaline test (i.e. likely carriers of mutations for Brugada syndrome) compared to those with negative tests. It is noteworthy that patients with positive tests and increased ST-T variability had more frequently symptoms than those with negative tests and low ST-T variability, which suggests a possible role of increased repolarization variability in arrhythmogenesis.

TWA episodes were detected  $2.5 \pm 2.8$  times in the pre-operative group in our study on 20 patients [Simov et al., 2015], and  $3.8 \pm 343$  times in the post-operative group ( $p = 0.08$ ). Because of the small number of patients a significant statistical result was not obtained, but comparing TWA\_pre with TWA\_post there is a clear upward trend. The increase of TWA\_post episodes compared to TWA\_pre was associated neither with patients' age, nor with the number of bypasses. A fading away effect – reduction of TWA\_post episodes related to the days passed from the coronary artery bypass surgery, was not observed at a sufficient rate.

The increase of TWA episodes after coronary bypass surgery could be associated with an elevated risk of malignant arrhythmias. Possible explanation of the TWA\_post increase could be the increased post- HR.

### 2.5. Negative T-waves

T-wave inversion (negative T-waves) is a common ECG abnormality of cardiomyopathies such as hypertrophic cardiomyopathy and arrhythmogenic right ventricular cardiomyopathy, which are leading causes of sudden cardiac death. The frequency of the inverted T-waves depends on the lead (remissive from V1 to V6) and on age. The prevalence of T-wave inversion decreases significantly after puberty [Migliore et al., 2012]. Walder and Spodick, 1991 report for a striking female T-wave inversion predominance' – 82 women vs. 18 men,  $p < 0.0005$ .

In their study on left ventricular hypertrophy in 20903 athletes, Singla et al., 2015 are highlighting that the increases of R- and S-wave voltages do not predict cardio vascular mortality and can be considered physiological. The risk associated with ECG-left ventricular hypertrophy is due to ST depression and T-wave inversion.

T-wave inversion was observed 5 times in our study [Simov et al., 2015]: 2 were in pre- and post-ECG of one and the same patient; 2 appeared in the post-stage only, without having them in the pre-stage; and 1 in the pre-stage only. The small number of inverted T-waves and their

almost uniform distribution in the pre- and post-stage (2:3 respectively) does not give us the right to conclude about the influence of CABG on the T-wave inversion. The relation between TWA and the inverted T-wave, however, is of interest: mean of  $5.0 \pm 2.4$  episodes of TWA in subjects with negative T-waves, vs. mean of  $2.9 \pm 3.2$  episodes of TWA in those with normal T-waves.

## 2.6. QRS alternans

The clinical significance of QRS alternans (QRSA) however is less well studied. There is some data that this ECG parameter may be of some value determining the risk of SCD and the need for device therapy in selected patients [Das et al., 2010], although other clinical trials do not confirm these results [Morady et al., 1991].

In a study of 107 subjects undergoing stress ECG test, Christov et al., 2012 have found that TWA and QRSA were significantly higher in the percutaneous coronary intervention (PCI) group compared with the non-PCI one. Presence of diabetes attenuates the difference between PCI and non-PCI groups regarding TWA and QRSA values. The same authors [Christov et al., 2010], working with a smaller group of 57 patients report that individuals with positive stress ECG test had significantly higher TWA&QRSA values compared to patients with negative stress test ( $2.32$  vs.  $1.66$ ,  $p < 0.001$  for TWA and  $1.77$  vs.  $1.11$ ,  $p = 0.003$ , for QRS). Patients with AS\_CAD had significantly higher QRSA, but not TWA, values ( $1.6$  and  $1.1$ , respectively;  $p = 0.017$ ).

A study of QRSA has been performed in patients with suspected Brugada syndrome [Bortolan et al., 2009b]. Patients with positive pharmacological tests had increased QRS alternans. This has not been reported so far but is not unexpected in light of recent studies which demonstrated the role of depolarization abnormalities in the genesis of arrhythmias in Brugada syndrome [Lambiase et al., 2009].

In the study [Simov et al., 2015] QRSA episodes were detected  $1.52 \pm 2.27$  times in the pre-operative group of our study and  $1.66 \pm 1.82$  times in the post-operative group ( $p = n.s.$ ).

## 2.7. QRS-T angle

A wide QRS-T angle between the maximal vectors of the QRS- and T-loops in vectorcardiogram has emerged as an abnormal electrocardiographic repolarization marker in stratifying cardiac risk in various study populations. Wide spatial and frontal QRS-T angle values have been shown to be predictive of cardiovascular events including incident heart failure, ventricular arrhythmias, and SCD. Wide QRS-T angle has also been found to be associated with cardiac mortality in the general population.

In an analysis of 'Italian Longitudinal Study on Aging' database, Bortolan and Christov, 2001 have found a correlation between some diagnostic groups and the QRS-T angle:  $78 \pm 52^\circ$  in the healthy group vs. ischaemia  $91 \pm 53^\circ$ , myocardial infarction  $113 \pm 50^\circ$ , and both ischaemia & myocardial infarction  $118 \pm 52^\circ$ . In another study of the same database [Bortolan et al., 2002] the authors has found widening of the QRS-T angle as an effect of aging. ECGs were acquired in t1 and t2, with an interval of 5 years ( $t2 = t1 + 5$  years). The widening of the angle was different for the diagnostic groups: from  $84 \pm 50^\circ$  in t1 to  $89 \pm 52^\circ$  in t2 for the healthy group; from  $83 \pm 53^\circ$  in t1 to  $101 \pm 55^\circ$  in t2 for the group of angina pectoris. Along with the diagnostic potentials of the QRS-T angle, it has been proved to differentiate gender. Bortolan et al., 2003 are reporting  $88 \pm 52^\circ$  for males vs.  $67 \pm 50^\circ$  for females ( $p < 0.001$ ) in a healthy group;  $96 \pm 52^\circ$  for males vs.  $83 \pm 51^\circ$  for females ( $p < 0.001$ ) in a

hypertension group;  $101 \pm 52^\circ$  for males vs.  $92 \pm 55^\circ$  for females ( $p = \text{n.s.}$ ) in a group of cardiac diseases. All study of the 'Italian Longitudinal Study on Aging' database has been summarized in a review on the diagnostic potentials of the T-loop morphology in vectorcardiography [Bortolan et al., 2009a].

Among CABG patients, it was found that wide frontal QRS-T angle is an independent correlate of postoperative hospital length of stay and an independent predictor of vasopressor agent/IABP support requirement postoperatively [Kaya et al., 2015]. Kardys et al., 2003 specify 3 groups in relation to the QRS-T angle: normal ( $0$  to  $105^\circ$ ), borderline ( $105$  to  $135^\circ$ ), and abnormal ( $135$  to  $180^\circ$ ). Karabacak et al., 2014 are claiming that the QRS-T angle in the frontal plane can be a prognostic factor in the early postoperative period of patients CABG.

In our study [Simov et al., 2015] the QRS-T angle was decreased from  $83.7 \pm 53.8^\circ$  in the pre-stage to  $52.2 \pm 54.0^\circ$  in the post stage ( $p = 0.07$ ).

### 2.8. ST segment elevation

Hemodialysis is often associated with a risk of cardiac dysfunction. In a paper of Nakamura et al., 2000, measurements and analysis of ST-elevation in pre- and post-HD patients are used for prediction of coronary artery disease. The authors report HD-induced ST-elevation of  $\geq 1$  mV, in 18 out of 61 patients. During follow-up of  $21 \pm 2$  months, all patients from the group with ST-elevation, as well as 21 from the rest of the study group experienced cardiac events. The authors explain this common manifestation of symptomatic and silent myocardial ischemia by reduced coronary artery oxygen delivery and increased myocardial oxygen demand during HD. Taki et al., 2006 also report "oxidative stress" in HD patients.

Another reason for the ST-elevation increase during HD could be associated to the hemodynamic instability, and especially to the reduction in myocardial blood flow [McIntyre et al., 2007]. Blood flow reduction during HD was analyzed by serial measurements using positron emission tomography.

Simova et al., 2015a report for an increase (upward shift) in ST with 0.02 mV ( $p = 0.03$ ) in their entire group of study on hemodialysis. According to Saravanan and Davidson, 2010 the HD causes sudden shifts in volume and electrolytes within a short time that alters the physiological milieu. This leads to reduced coronary artery oxygen delivery while increasing myocardial oxygen demand during HD [Nakamura et al., 2000], the so-called 'oxidative stress' [Taki et al., 2006]. The HD-induced 'silent ischemia', expressed as a ST-deviation in ECG, leads to sudden changes in the myocardial vulnerability to serious arrhythmias [Saravanan and Davidson, 2010,]. The ST-deviation can be used for prediction of coronary artery disease [Singh et al., 1994].

ST-segment elevation is common during the early postoperative period after CABG in patients without enzymatic or echocardiographic evidence of preoperative myocardial infarction (MI). There are studies proving that these changes are not associated with increased postoperative morbidity or mortality [Loeb et al., 2007], but probably their interpretation and prognostic value could be more precise in context of other precise ECG parameters.

Example of ST elevation during hemodialysis is shown in Fig. 16.

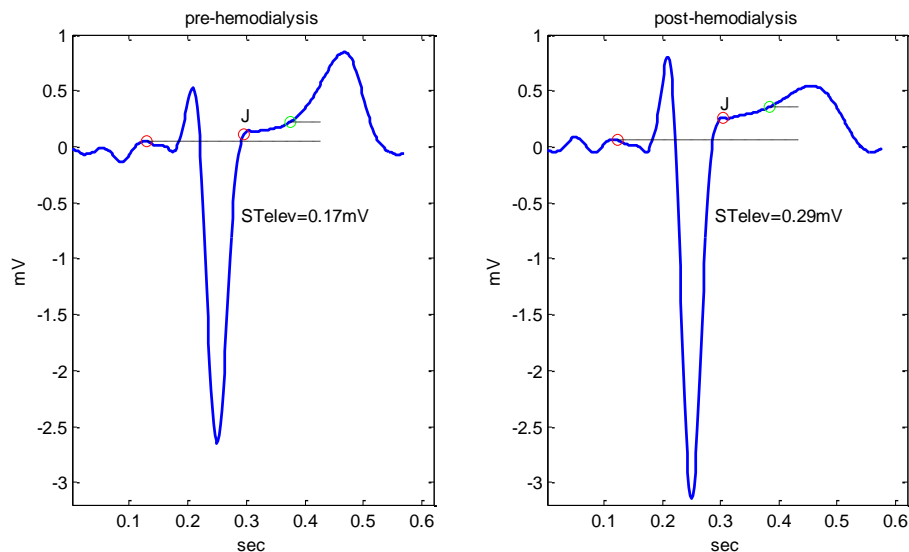


Fig. 16<sup>8</sup> P-QRS-T interval of one and the same individual, pre- and post-hemodialysis. The pre-HD ST-elevation = 0.17 mV, while the post-HD ST-elevation = 0.29 mV. The QRS amplitude increases with approximately 1.8 mV, while the T-wave amplitude decreases with approximately 0.4 mV

The patients included in our study [Simov et al., 2015] underwent planned CABG surgery without symptoms of ST-elevation myocardial infarction (STEMI), where emergency is required. Their pre-CABG ST-elevation was low  $0.05 \pm 0.06$  mV and became  $0.06 \pm 0.09$  mV after surgery ( $p = \text{n.s.}$ ). None of the patients showed significant ST elevation in the post-CABG stage, which contradicts the assertion that ST-segment changes are common during the early postoperative period after CABG [Loeb et al., 2007]. The reason for this controversy is probably our small database of 23 individuals, which we currently use.

## 2.9. Heart rate

In a study with more than 30 years follow-up, Kannel et al., 2015 have found that in both sexes, at all ages, all-cause, cardiovascular and coronary mortality rates increased progressively in relation to heart rate. Fox et al., 2008 compare a group with a heart rate of 70 bpm or greater, versus a group of less than 70 bpm. They have found significantly increased risk of cardiovascular death, hospital admissions due to heart failure or MI, and coronary revascularisation for the group of patients with heart rate  $\geq 70$  bpm. Furthermore, they declare that for every heart rate increase with 5 bpm, there is an increase in cardiovascular death (8%), heart failure admission (16%), MI admission (7%), and coronary revascularisation (8%).

Heart rate is the only parameter that demonstrates a significant change from pre-CABG ( $68.1 \pm 9.2$ ) to post-CABG ( $82.14 \pm 10.5$ ) in our study [Simov et al., 2015],  $p = 0.001$ . It should be noted, however, that there could be many factors potentially influencing post-operative HR, including inotropic medications, gradual up-titration of beta-blockers and pain.

## 2.10. QT dispersion

QT interval represents the time for both ventricular depolarization and repolarization and therefore roughly estimates the duration of an average ventricular action potential.

<sup>8</sup> Fig. 16 is taken from Simova et al., 2014 with the kind permission of the authors

The QT interval dispersion (QTd) reflects the inhomogeneities of electrical activity in the different segments of the left ventricle. A majority of studies have shown increased QT dispersion in various cardiac diseases. In the Rotterdam Study [DeBruyne et al., 1998] including 5 812 adults > 55 years old followed up 4 years, it was demonstrated that subjects with QTc (QTd corrected for heart rate) > 60 ms had a twofold risk for cardiac death or sudden death and a 40% increased mortality risk when compared to those subjects with a QTc dispersion < 30 ms. This finding was confirmed by another large study – the Caerphilly one, comprising 2512 patients, for whom it was proved that QTd is an independent predictor of cardiac death [Sheehan et al., 2004].

Simov et al., 2007 report of 63 patients with multivessel coronary artery disease underwent CABG as part of their therapeutic work-up. The authors conclude that successful coronary revascularization in ischemic heart disease patients leads to a significant improvement in markers of ventricular repolarization, expressed as a decrease in the dispersion of the QT interval. Simova et al., 2007 have studied 152 patients (64 of them with myocardial infarction (MI)). They report that MI patients have significantly lower flow mediated dilatation (FMD) and higher QTd compared to no-MI patients.

Bortolan et al., 2004 examined the QT dispersion in three groups of individuals: 256 healthy, 98 with only cardiac diseases, and 472 with hypertension only. The authors have found that the QT dispersion was influenced in the healthy group by gender ( $p < 0.001$ ), in the cardiopathy group by age ( $p < 0.001$ ) and in the hypertension group by both age ( $p < 0.02$ ) and gender ( $p < 0.01$ ).

In our study [Simov et al., 2015] the QT dispersion showed not significant differences ( $p = 0.06$ ) comparing QTd-pre ( $19.3 \pm 6.1$ ) vs. QTd-post ( $16.5 \pm 4.3$ ). This challenges the results obtained by Simov et al., 2007, where a significant improvement in markers of ventricular repolarization, expressed as a decrease in the dispersion of the QT interval, was found after CABG. Possible reasons for this divergence could be the small representative group of 20 patients in the current case, or the accompanying subjectivism in manual measurement of QTd in Simov et al., 2007, or both.

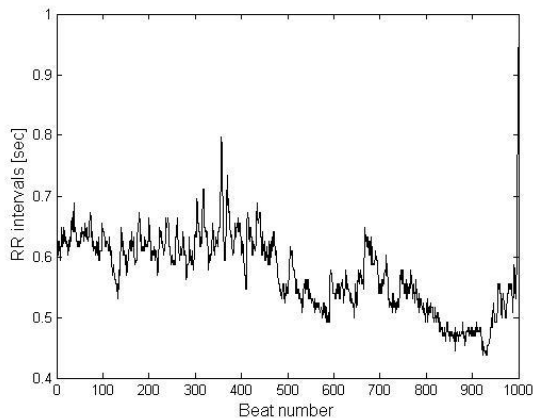
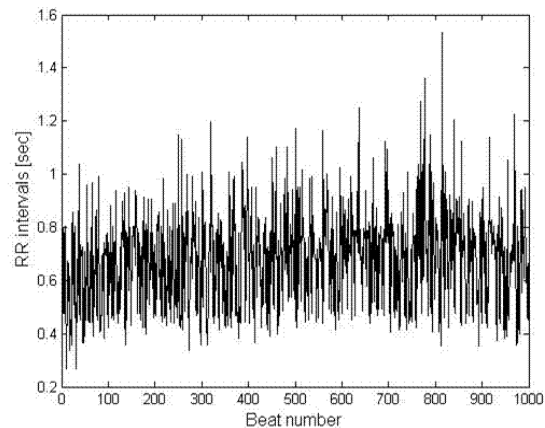
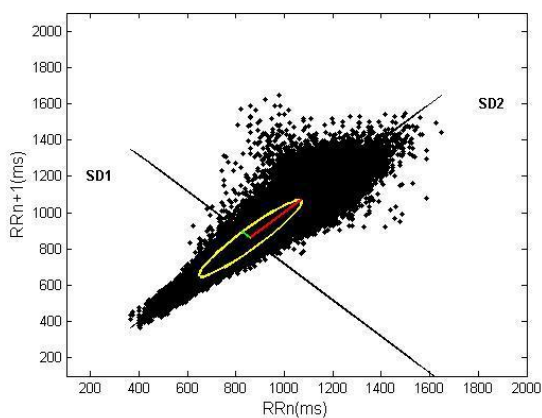
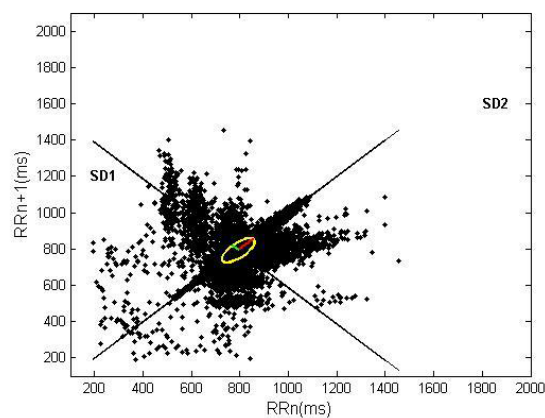
### 2.11. Cardiac autonomic innervations

An opinion has been formed that the assessment of cardiac autonomic regulation may be an independent marker of success of the cardiac surgery [Airaksinen et al., 1987; Bellwon et al., 1996; Hugue et al., 1994].

Indicators of heart rate variability (HRV) are used to assess the state of the mechanisms regulating the physiological functions of the body, including: the total activity of the regulatory contours; the neuro-humoral cardiac regulation; and the autonomic balance – the ratio between the sympathetic and parasympathetic part of the autonomic nervous system (ANS). According to many authors, HRV is an integral indicator of the functional state of the cardiovascular system and the body as a whole [Bellwon et al., 1996; Bayevskiy et al., 2002; Dao et al., 2010; Matveev et al., 2006].

Gospodinova et al., 2015 have compared the HRV in two groups: 16 healthy subjects and 16 patients with congestive heart failure (CHF). The difference between the two groups is well illustrated in Figs. 17-18 (where RR-interval is plotted against beat number), and Figs. 19-20 (Poincaré plots). Bonaduce, 1999 is evaluating the predictive value of HRV and Poincaré plots in patients with chronic heart failure.



Fig. 17<sup>9</sup> RR interval series of healthy subjectFig. 18<sup>9</sup> RR interval series of CHF patientsFig. 19<sup>9</sup> Poincaré plots for RR series of healthy subjectFig. 20<sup>9</sup> Poincaré plots for RR series of CHF patient

Task Force of the European Society of Cardiology and the North American Society of Pacing and Electrophysiology published HRV standards of measurement, physiological interpretation, and clinical use [Task Force 1996]. Following this publication, a number of articles have been published to describe new HRV methodologies and their application in different physiological and clinical studies. A publication of Sassi et al., 2015 presents a critical review of the new methods. The authors state that: While the novel approaches have contributed in the technical understanding of the signal character of HRV, their success in developing new clinical tools, such as those for the identification of high-risk patients, has been rather limited. Available results obtained in selected populations of patients by specialized laboratories are nevertheless of interest but new prospective studies are needed. The investigation of new parameters, descriptive of the complex regulation mechanisms of heart rate, has to be encouraged because not all information in the HRV signal is captured by traditional methods. The new technologies thus could provide after proper validation, additional physiological, and clinical meaning. Multidisciplinary dialogue and specialized courses in the combination of clinical cardiology and complex signal processing methods seem warranted for further advances in studies of cardiac oscillations and in the understanding normal and abnormal cardiac control processes.

<sup>9</sup> Figs. 17-20 are taken from [Gospodinova et al., 2015](#) with the kind permission of the authors

Matveev and coauthors are paying attention to HRV, neuro-humoral cardiac regulation; and autonomic balance this topic in a number of books, journal papers and conference materials. Some of them are: Time-related heart autonomic balance characteristics in healthy subjects [Matveev et al., 2003]; Normal and abnormal circadian characteristics in autonomic cardiac control: new opportunities for cardiac risk prevention [Matveev et al., 2006]; Diagnostic value of the RR-variability indicators for mild hypertension [Matveev and Prokopova, 2002]; Prognostic value of the time related autonomic balance indicator for risk evaluation of cardiovascular events in patients with ischemic heart disease [Matveev and Prokopova, 2008]; Heart autonomic balance changes in mildly hypertensive subjects. Method of assessment, characteristics, treatment [Prokopova and Matveev, 2004]; Correlating changes in heart autonomic balance and ventricular arrhythmias reflecting the positive effect of treating heart failure with carvedilol [Prokopova et al., 2005]; Profile of autonomic cardiac control in patients who are not considered ready for weaning from mechanical ventilation [Matveev et al., 2012]; Assessment of autonomic cardiac control in women with cardiac syndrome X using Time Related Autonomic Balance Indicator [Matveev et al., 2010a]; Non-parametric criterion for estimation of the sensitivity of object's features to influences of a factor and its application in clinical practice [Matveev, 2010b]; Decision support system for prediction of the weaning outcome from mechanical ventilation [Jekova et al., 2013].

Our previous study on the same database [Simov et al., 2014] demonstrates increased activity of sympatico-adrenal and pituitary-adrenal systems to provide a higher adaptability of the organism in the post CABG period. Estimates of the tone of regulatory systems and the autonomous balance as the modified by us Indicator of the Activity of Regulatory Systems (IARS) values for each patient before and in the early period after CABG (see Bayevskiy et al., 2002) are presented in Figs. 21 and 22.

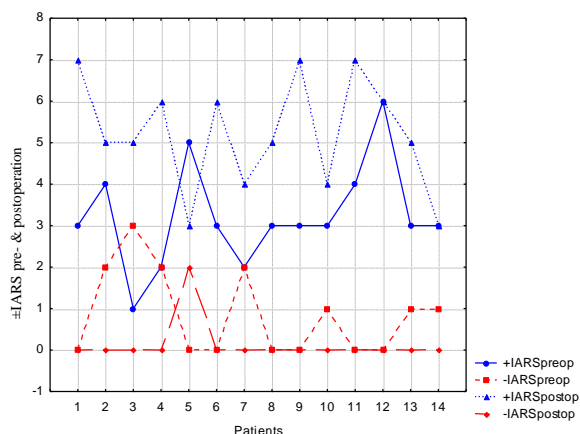


Fig. 21 +IARS and -IARS pre- and postoperative

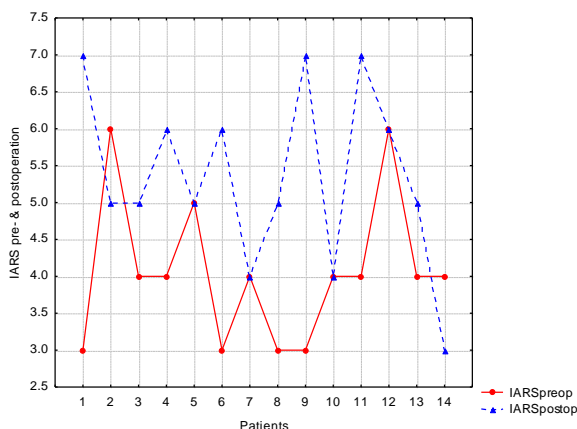


Fig. 22 IARS pre- and postoperative

### 2.12. ECG criteria for left ventricular hypertrophy

Left ventricular hypertrophy (LVH) is the thickening of the myocardium of the left ventricle of the heart. It occurs naturally as a reaction to aerobic exercise and strength training, and is most frequently referred to as a pathological reaction to cardiovascular disease, or high blood pressure. While LVH itself is not a disease, it is usually a marker for disease involving the heart [Meijs et al., 2007].

There are several sets of criteria used to diagnose LVH via ECG. None of them is perfect, though by using multiple criteria sets, the sensitivity and specificity are increased.

The **Sokolow-Lyon index**: [Sokolov and Lyon, 1949; Okin et al., 1998]

- S in  $V_1 + R$  in  $V_5$  or  $V_6$  (whichever is larger)  $\geq 35$  mm
- R in aVL  $\geq 11$  mm

The **Cornell voltage criteria** [Casale et al., 1987] involve measurement of the sum of the R-wave in lead aVL and the S-wave in lead  $V_3$ .

- S in  $V_3 + R$  in aVL  $> 28$  mm (men)
- S in  $V_3 + R$  in aVL  $> 20$  mm (women)

The **Romhilt-Estes point score system** [Romhilt and Estes, 1968]. Points are summed if any of the down-listed criteria is fulfilled. Total of  $> 5$  points means LVH "diagnostic", total = 4 points is for "probable" and total  $< 4$  points is for no LVH).

ECG Criteria	Points
Voltage Criteria (any of): 1. R or S in limb leads $\geq 20$ mm 2. S in $V_1$ or $V_2 \geq 30$ mm 3. R in $V_5$ or $V_6 \geq 30$ mm	3
ST-T Abnormalities: • ST-T vector opposite to QRS without digitalis • ST-T vector opposite to QRS with digitalis	3 1
Negative terminal P wave in $V_1$ 1 mm in depth and 0.04 sec in duration (indicates left atrial enlargement)	3
Left axis deviation (QRS of $-30^\circ$ or more)	2
QRS duration $\geq 0.09$ sec	1
Delayed <b>intrinsicoid deflection</b> in $V_5$ or $V_6$ ( $> 0.05$ sec)	1

Other voltage-based criteria for LVH include:

- Lead I: R-wave  $> 14$  mm
- Lead aVR: S-wave  $> 15$  mm
- Lead aVL: R-wave  $> 12$  mm
- Lead aVF: R-wave  $> 21$  mm
- Lead  $V_5$ : R-wave  $> 26$  mm
- Lead  $V_6$ : R-wave  $> 20$  mm.

### 3. Discussion

CABG-induced ECG changes obtained in Simov et al., 2014 and Simov et al., 2015 were analysed on the basis of the conclusions of the review whether the change of parameters lead to deterioration or improvement of the patient's condition. QRS amplitude, T amplitude, ST-segment deviation and QRS alternans showed non-significant changes. Two parameters showed an improvement in the patients' condition after CABG: QRS-T angle (pre =  $83.7 \pm 53.8^\circ$ , vs. post =  $52.2 \pm 54.0^\circ$ ,  $p = 0.07$ ) and the cardiac autonomic innervation. Two others indicated deterioration: TWA (pre =  $2.5 \pm 2.8$  episodes, vs. post =  $3.8 \pm 3.4$  episodes,  $p = 0.08$ ) and HR (pre =  $68.1 \pm 9.2$  bps, vs. post =  $82.1 \pm 10.5$  bpm,  $p < 0.001$ ). We tend to assume that the deterioration in this early post-operative period is an effect of the post-surgery trauma. We speculate that this effect will fade away in a period of a month and more after surgery, and we intend to conduct such a research in the future.

The analysis of pre-surgery and post-surgery QRS amplitudes shows a good dehydration in course of time. The median difference between post- and pre-surgery QRS amplitude is predominantly negative at the 3<sup>rd</sup> and 4<sup>th</sup> days and increase to positive at the 7<sup>th</sup> day after CABG. It means that in the first postoperative days the fluid balance of a patient is positive with a gradual shift towards neutral values during later hospital stay.

The current broad review allows concluding that two important parameters for evaluation of the CABG impact were not measured in [Simov et al., 2014](#) and [Simov et al., 2015](#): heart rate variation and QRS duration.

#### 4. Conclusion

Electrocardiographic changes in certain cardiovascular physiological and pathologies settings (aging, diagnostic tests for Brugada syndrome, diagnostic stress test, cardiac surgery, hemodialysis, diabetes, heart failure, etc) were reviewed. Alterations of ECG parameters (QRS amplitude, T-wave amplitude, T-wave morphology, QRS duration, QRS alternans, T-wave alternans, negative T-waves, 3D-space angle between maximal QRS and T vectors of the vectorcardiographic loops, ST-segment changes, QT-interval dispersion, cardiac autonomic innervation) were discussed in connection to their diagnostic information to risk of arrhythmias, incidental heart failure and sudden cardiac death. Emphasised in the discussion is the effect of coronary atrial bypass grafting on the ECG parameters' change.

#### Acknowledgments

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